

**Dynamic supervision group
Tuesdays monthly, 11.00am to 1.00pm
London NW3, close to Swiss Cottage tube**

Who for?

This group will be of most value to you if you are an experienced coach or coach supervisor interested in:

- Deepening your coaching practice
- Learning to creatively 'join up' your intuition and your thinking
- Working more consciously with the psychological dynamics of coaching
- Learning through experience how to work more effectively in/ with groups and teams
- Expanding your understanding of the organisational context of coaching
- Reflecting in depth with others, learning from their experience as well as your own.

Coach supervisors will especially benefit from deepening their understanding of the dynamics of supervision groups. The group will be most suitable for experienced coaches and supervisors, seeking a developmental opportunity of greater depth than usual.

How many people in the group?

Four members and the supervisor, balancing time and attention for individual learning needs, with enough diversity for real challenge and new insights.

Who will conduct the group?

Christine Thornton, an experienced and qualified supervisor and group analyst, author of *Group and Team Coaching*. She established her consulting and coaching practice, Thornton Consulting, in 1990, and is a Member of the Institute of Group Analysis [M.Inst.G.A.] and the British Association for Psychoanalytic and Psychodynamic Supervision [BAPPS]; she is an invited member of the Association for Professional and Executive Coaches and Supervisors as well as the Association for Coaching [MAC].

See www.thorntonconsulting.org for more information about Christine and her approach.

What is the model and methodology of the group?

This is a group analytic supervision group, allowing the widest possible range of ideas to be considered, and using the group to surface hidden dynamics and extend understanding of the work presented.

The format will be for each member, in turn, to talk about their work each time. There will be opportunities to experiment with a variety of styles over time, such as action learning, Balint, thematic, critical incident, and theoretical analysis.

How to tell if this is for me?

We offer a free individual consultation to explore your current supervision needs, and whether this opportunity is right for you

When would the group meet?

Monthly face-to-face meeting 11.00-1.00 on Tuesdays.

Where will the group meet?

1 Daleham Gardens, London NW3 5BY, close to Swiss Cottage, Finchley Rd and Belsize Park tubes.

How long am I committed to?

There is no commitment until after the one-to-one individual session. Thereafter we ask for a minimum commitment of 10 group sessions, to allow the group to develop a stable and profound learning community committed to enquiry.

How much will it cost?

The initial individual session is free of cost. The supervision group costs £90.00 per session, if paid monthly, with a 5% reduction offered to members of APECS and the Association for Coaching, and a further 10% reduction to those paying for 10 sessions in advance. With all discounts the cost is £769.50 for 10 sessions.

What should I do if I am interested?

Act soon – there are only 4 places in the group. Download and complete the application form [word format] from www.thorntonconsulting.org, and return it to hello@thorntonconsulting.org

We will then be in touch to arrange your free one-to-one consultation.



Group dates to July 2012

All meetings 11.00am to 1.00pm

20 September 2011

11 October 2011

22 November 2011

13 December 2011

10 January 2012

7 February 2012

6 March 2012

3 April 2012

1 May 2012

22 May 2012

19 June 2012

17 July 2012